



Parenting Strategies Workshop

Are you worried about your children?
Are you tired of daily battles, worrying about grades, or
dealing with defiance issues?



Join us for a Parenting Strategies Workshop where we'll review common parenting challenges and some coping skills you can use to overcome them.

2018 CALENDAR

(All workshops 7:00-8:15PM)

April 19th

Topic: Motivation

May 17th

Topic: Assertiveness Skills

June 21st

Topic: Why friends are important

July 19th

Topic: Parent's Frustrations

Aug 16th

Topic: Handling Temper Tantrums

...more to come!

RSVP

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*Free child care is available during workshops.
Please indicate if needed in RSVP.*